# **Preventive Services Covered**

## **Under the Affordable Care Act**

If you have a new health insurance plan or insurance policy beginning on or after September 23, 2010, the preventive services listed must be covered without your having to pay a copayment or co-insurance or meet your deductible. This applies only when these services are delivered by a network provider.

## **Covered Preventive Services for Adults**

- Abdominal Aortic Aneurysm onetime screening for men of specified ages who have ever smoked
- Alcohol Misuse screening and counseling
- Aspirin use screening for men and women of certain ages
- Blood Pressure screening for all adults
- Cholesterol screening for adults of certain ages or at higher risk
- Colorectal Cancer screening for adults over 50
- Depression screening for adults
- Type 2 Diabetes screening for adults with high blood pressure

- Immunization vaccines for adults doses, recommended ages, and recommended populations vary:
  - Hepatitis A
  - Hepatitis B
  - Herpes Zoster
  - Human Papillomavirus
  - Influenza (Flu Shot)
  - Measles, Mumps, Rubella
  - Meningococcal
  - Pneumococcal
  - Tetanus, Diphtheria, Pertussis
  - Varicella

- Diet counseling for adults at higher
  - HIV screening for all adults at higher risk

risk for chronic disease

- **Obesity** screening and counseling for all adults
- Sexually Transmitted Infection (STI) prevention counseling for adults at higher risk
- Syphilis screening for all adults at higher risk
- Tobacco Use screening for all adults and cessation interventions for tobacco users



### **Covered Preventive Services for Women, Including Pregnant Women**

- · Anemia screening on a routine basis for pregnant women
- Bacteriuria urinary tract or other infection screening for pregnant women
- BRCA counseling about genetic testing for women at higher risk
- Breast Cancer Mammography screenings every 1 to 2 years for women over 40
- Breast Cancer Chemoprevention counseling for women at higher risk

- Breast Feeding counseling, supplies, and support
- Cervical Cancer screening for sexually Gonorrhea screening for all women at active women
- Chlamydia Infection screening for younger women and other women at higher risk
- Contraceptive counseling and methods
- Folic Acid supplements for women who may become pregnant

- · Gestational Diabetes screening for pregnant women
- higher risk
- Hepatitis B screening for pregnant women at their first prenatal visit
- HIV annual screening and counseling
- HPV testing every 3 years for women 30 or older



#### Covered Preventive Services for Women, Including Pregnant Women continued...

- Interpersonal and Domestic Violence screening and counseling
- Osteoporosis screening for women over age 60 depending on risk factors
- **Rh Incompatibility** screening for all pregnant women and follow-up testing for women at higher risk
- Sexually Transmitted Infection (STI) Tobacco Use screening and interventions for all women,
- **Syphilis** screening for all pregnant women or other women at increased risk
- **Tobacco Use** screening and interventions for all women, and expanded counseling for pregnant tobacco users
- Well-Women annual visits



#### **Covered Preventive Services for Children**

- Alcohol and Drug Use assessments for adolescents
- Autism screening for children at 18 and 24 months
- **Behavioral** assessments for children of all ages
- Blood Pressure screening for children
- Cervical Dysplasia screening for sexually active females
- Congenital Hypothyroidism screening for newborns
- Depression screening for adolescents
- **Developmental** screening for children under age 3, and surveillance throughout childhood
- **Dyslipidemia** screening for children at higher risk of lipid disorders
- Fluoride Chemoprevention supplements for children without fluoride in their water source
- **Gonorrhea** preventive medication for the eyes of all newborns

- **Hearing** screening for all newborns
- Height, Weight, and Body Mass Index measurements for children
- Hematocrit or Hemoglobin screening for children
- Hemoglobinopathies or sickle cell screening for newborns
- HIV screening for adolescents at higher risk
- Immunization vaccines for children from birth to age 18 doses, recommended ages, and recommended populations vary:
  - Diphtheria, Tetanus, Pertussis
  - Haemophilus Influenzae Type B
  - Hepatitis A
  - Hepatitis B
  - Human Papillomavirus
  - Inactivated Poliovirus
  - Influenza (Flu Shot)
  - Measles, Mumps, Rubella

- Meningococcal
- Pneumococcal
- Rotavirus
- Varicella
- **Iron** supplements for children ages 6 to 12 months at risk for anemia
- Lead screening for children at risk of exposure
- **Medical History** for all children throughout development
- Obesity screening and counseling
- Oral Health risk assessment for young children
- **Phenylketonuria (PKU)** screening for this genetic disorder in newborns
- Sexually Transmitted Infection (STI) prevention counseling and screening for adolescents at higher risk
- **Tuberculin** testing for children at higher risk of tuberculosis
- Vision screening for all children

This brochure is for general information only and should not be relied upon for specific coverage information. Coverage will be governed by the terms and conditions of your policy. The information provided herein is accurate as of August 2012 and is subject to change. This brochure should not be considered legal or coverage advice regarding your specific circumstances. Please consult a qualified professional for questions about the topics in this brochure.

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